

What is it? The *PEDALS Coaching Stance* is a visual model of the knowledge, attributes, and skills required for and expected of PEDALS coaches.

Why use it? This is a comprehensive picture of an effective PEDALS coach; it goes beyond degrees, qualifications, and experience. It is the essence of a PEDALS coach. The knowledge, skills, and attributes on this diagram are the result of research on effective coaching and the insights and input from PEDALS developers, coaches, and administrators. As such, it can help you identify people who are already well-positioned to be PEDALS coaches and also those who have the foundation to become PEDALS coaches with additional training and reflection. It also clarifies for coaches what is expected of them.

How to use it. Use it to present, discuss, and explain PEDALS coaching and to emphasize the intentionality of the coaching process in PEDALS. It can be used to talk with potential coaches and/or potential participant programs. It can also be used in information sessions for local early childhood communities and/or funders.

When to use it. Use it when setting up PEDALS coaching. Use it as a guide in the process of selecting PEDALS coaches and in orienting them to PEDALS coaching. Use it on an ongoing basis for discussion in coaches' meetings or for self-reflection with individual coaches.

Some Tips:

- When introducing the coaching stance to new coaches, allow enough time to present it thoroughly and carefully. Give new coaches opportunities for reflection, comments, questions, and discussion to ensure that they have a strong understanding of this foundation and its importance.
- When addressing specific coaching issues that arise during PEDALS implementation, use the coaching stance as a starting point to reflect on the issue and develop a plan to address it.